



Nursery



Term 6 Week 5: 29th June – 3rd July

This week's topic: What's on the menu?

Dear Parents & Carers

We hope that you are all well and looking forward to another week of exciting activities. How did you get on last week? Have you managed to come up with any interesting inventions? We are keen to find out so please let us know. This week's topic is close to our hearts and a big hit with the children. You have seen them in the home corner cooking up a storm and they will always remember the experience of making pasta with Mr Mameli. So what's on the menu? We have drawn on our experience and memories of the activities we know will inspire and motivate your children. We were never short of offers of help during snack times, cooking activities and playdough making. These are hands-on experiences, which enables children to express themselves, share their ideas and work collaboratively. We hope you have fun as you and your child engage in the nation's favourite pastime.

We continue to offer you our support in whichever ways we can. Please do not hesitate to contact us via the school email address: admin@dalmain.lewisham.sch.uk

In your pack each week, we will try to include:

Open ended project ideas and research topics

- Activities to explore independently or together
- Physical activities
- Ideas for science experiments
- Art and craft ideas
- Links to other learning resources
- A use for recycled items
- Check out twinkl's parent hub for ideas of how to support children across the age phase.

<https://www.twinkl.co.uk/blog/how-to-utilise-twinkl-during-the-coronavirus-shutdown-a-guide-for-schools>





Wishing you all the very best,

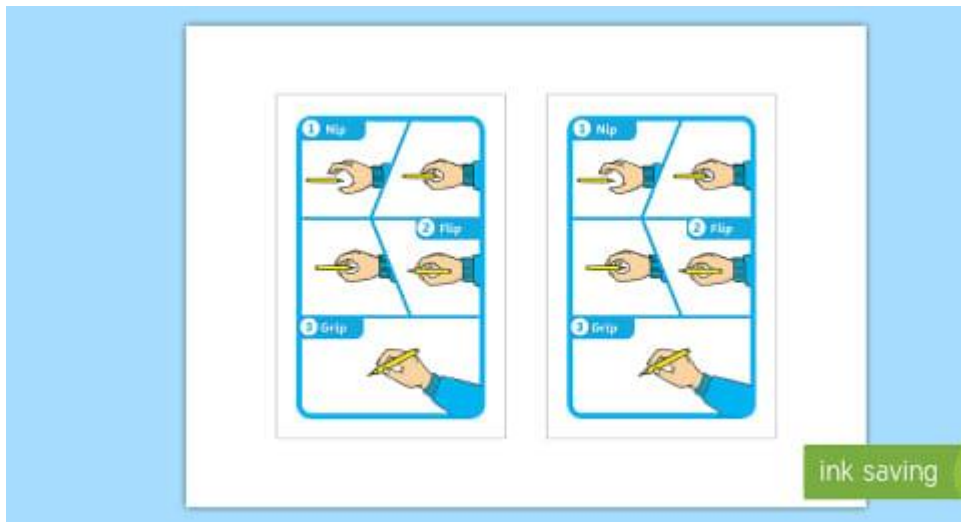
Ms Annette Reid and the Nursery Team

What's On The Menu?



Day	Tasks	Completed?
Monday	<p>Let us start our day with one of our favourite healthy eating songs. See how many different actions you can do and remember to sing join in. Mrs Jackson is listening!</p> <p>https://youtu.be/r5WLXZspD1M (Apples and bananas)</p>  <p>Introduction</p> <p>During the course of this week, you will have the opportunity to plan your menu, compile a shopping list, create recipes and prepare a meal of your choice. When you are asked what you would like for breakfast, you are being given a choice from your home menu.</p> <p>So what is a menu?</p> <p>Can you think of some places where you might find menus?</p> <p>Click on the link to learn more.</p> <p>https://youtu.be/yCdrxeQ63lc</p>  <p>*Please note that the 'M' sound is pronounced with lips pursed and not as shown in the clip.</p> <p>Writing Task</p> <p>Think about what you would like to eat today. How many meals or snacks do you have in one day? What would you like to drink? Will it be hot or cold drinks and food? Once you have decided on your meal, I would like you to draw a picture and make your marks for the words. Check your pencil grip by looking at the chart and use your sound mats to help to sound out your words.</p> <p>Ask your adults to help you. You can colour your pictures to make them look beautiful.</p> <p>Now I need you to start thinking about a menu for a special occasion. It could be a birthday party, a barbeque or a picnic. You will need your ideas for tomorrow.</p>	

Reminders of the correct pencil grip



Phonics

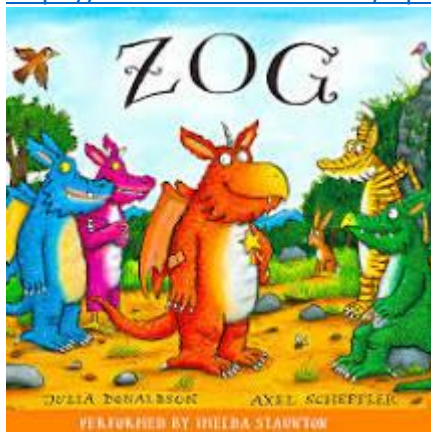
Today's phonics is linked to your writing task. If you do not have a sound mat please use this link. It is essential to have visual aid when engaged in writing to remind children of letter formations and sounds.



Maths

There will be topic related maths task in addition to the exercises in this link. Continue to work through the daily exercises for this week. The focus book is Zog.

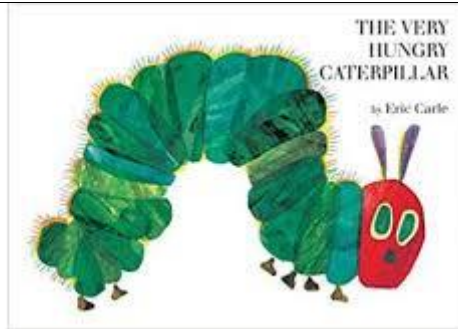
<https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/06/Day-1-Zog.pdf>



Story

A lovely story to end your day.

<https://youtu.be/75NQK-Sm1YY> The very hungry caterpillar



<https://youtu.be/vADtodHhfKU>

Tuesday

Song

<https://youtu.be/RE5tvaveVak> The vegetable song by Singing Walrus



Shopping

Have you thought about what your special occasion will be? If you have, you will need a shopping list.

First, check your cupboards and fridge to see what you need.

Make a shopping list.

You can make your own or click on the link below.

Be sure to tick off the items as you buy them, whether pretend or real.

<https://www.twinkl.co.uk/resource/t-l-883-my-shopping-list-writing-frames-a4>

Draw a picture to show the food items on your list and make your marks for the words. If you can hear the sounds, have a go at writing the letters. Make sure you are using the correct pencil grip.



<https://youtu.be/EO8SP6W4LXk>

Children shopping

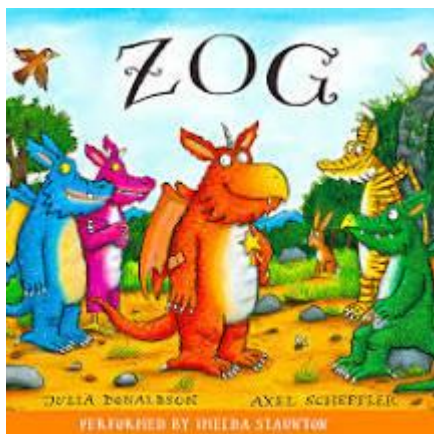


How many items are on your shopping list?

Where would you find them in the supermarket?

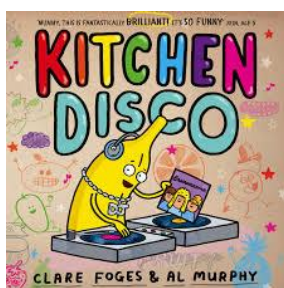
Maths

<https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/06/Day-2-Zog.pdf>



Story

<https://youtu.be/qiAEa3oga1k>



Song

Mrs Jackson would like you to join in with this action song.

'Vegetable Song' <https://www.youtube.com/watch?v=RE5tvaveVak>

Which of these vegetables is your favourite? Can you clap the names of the vegetables as you join in with the song?

Wednesday

Remember that it is Wellbeing Wednesday – check the school's website for this week's updates! Look under News & Dates / Coronavirus Updates and you will find loads of resources and activities.

Mrs Jackson has been very finding exciting songs for you to try!

Create your own piece of music using food rhythms

1. Find yourself an instrument or something that you can tap, bang or scrape. You could maybe use body percussion (tapping, clapping, stamping) or vocal sounds.
2. Choose your food words from the chart or use some of your own and play the rhythms with your chosen sounds.
3. Put your rhythms in an order – ice cream/strawberry/Popcorn
4. Now think of another set of foods or maybe make a short sentence with foods.
'Lollipop. Lick, lick. On a sunny day'
5. Combine your rhythms to make your 'Food' piece of music.
6. Decide on the dynamics (loud/soft) and tempo (fast/slow) of your piece
7. How many times will you repeat each line?
8. Can you compose a tune to it?

Create your menu



You need to think about your special occasion when designing your menu.

Do you need a large sheet of paper?

How will it be decorated?

Think about cutting and sticking images from an old magazine.

<https://youtu.be/h154lIkmNIU> Ideas of how to create a menu at home.

I hope you will have some tasty dishes and snacks on your menu.

Have you ever wondered where your food comes from?

<https://youtu.be/CT-oKQTCer4>.

https://youtu.be/PnSCciL_K3g <https://youtu.be/9Opt06QF9WY>



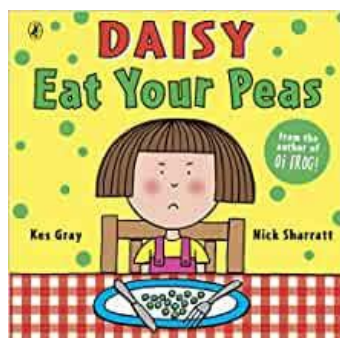
Maths

Continue to work through day 3 of our maths activities.

<https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/06/Day-3-Zog.pdf>

Story

<https://youtu.be/Rab3lw0qT1U> Daisy Eat Your Peas.



Thursday

Song – Are you hungry?

Do the actions to this song and sing along.

<https://youtu.be/ykTROuFGwEO>

Planning your occasion.

<https://youtu.be/AAyQBNZUGkk>

You will need to plan your occasion carefully. If it is a themed party, you will need to think about dressing up or making accessories.



You will need to send out invitations. This will let your friends know the date, time and place and whether they should dress in special clothing. This is a blank invitation to give you an idea of what you can do.

Create your invitations

Ask your adults to help you to fill in the details. You will need to write the names of your friends and let them know what time to arrive and what to wear. How many invitations do you need?

Remember to include your address! Do you know your door number?

Maths





Continue to work through day 3 of our maths activities.



<https://worm-13b48.kxcdn.com/wp-content/uploads/2020/06/Day-4-Zog.pdf>

Party decorations

Most adults buy their party decorations but it would be so much fun if you made your own. You can use tubes, ribbons, card and tissue paper or any recycled materials around your home.

Follow this link for some brilliant ideas of

	<p>DIY party decorations. Look out for the patterns in your buntings, garlands or chains.</p> <p>https://youtu.be/dV8L_Np03sg</p> <p>You have been very busy today, so time to relax and enjoy a story.</p> <p>https://youtu.be/vqJR-YkV5ko Peanut Butter and Jellyfish</p> <p>https://youtu.be/eRBOgtP0Hac Peanut Butter Jelly time (song)</p> 	
<p>Friday</p>	<p>Song – It’s Party time! So what better way to start the day than the children’s favourite dance number!</p> <p>https://youtu.be/astISottCQ0 Gummy Bear</p>  <p>Cooking</p> <p>Choose two food items from your menu to prepare. It may be sandwiches, fairy cakes, biscuits, fruit or vegetable salad. You can plan your meal with your adult and make sure you have enough for your friends.</p> <p>Maths</p> <p>How many sandwiches have you made?</p> <p>Can you cut them into shapes?</p> <p>How many different shapes can you make?</p> <p>If you are making a salad, how many different colour vegetables or fruits have you used for your salad?</p> <p>How many plates, cups cutlery have you used?</p> <p>https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/06/Day-4-Zog.pdf</p> <p>You will need the rest of the time to arrange your party so enjoy! Here are a few of your favourite songs to keep you dancing.</p>	

	<p>https://youtu.be/0-rg7Elt1x4 Herman the Worm</p> <p>https://youtu.be/2k1jOI0CB8?list=PL_Hd1An2POQwiM8ergZoDKsSvfPJORSsT</p>  <p>Enjoy your celebration!</p>	
<p>Music</p>	<p>Vocal Warm-up https://www.bbc.co.uk/teach/school-radio/music-jack-and-the-beanstalk-vocal-warm-up/zrkd47h Get your voice ready for singing with this vocal warm-up. Sing it a few times. Teach it to your family or to your toys.</p> <p>‘Popcorn’ - beat and body percussion https://www.youtube.com/watch?v=kNjcdfZu3c0 Warm your bodies up by copying the body actions and doing them in time to the steady beat. ‘Snap’ means to click your fingers.</p> <p>‘Shake the Papaya down’ https://www.youtube.com/watch?v=FGIGOKJx7f4 Sing and dance to this wonderful song. Can you join in with the drum rhythms?</p> <p>‘Vegetable Song’ https://www.youtube.com/watch?v=RE5tvaveVak Which of these vegetables is your favourite? Can you clap the names of the vegetables as you join in with the song?</p> <p>‘Fruit song’ https://www.youtube.com/watch?v=mfReSbQ7jzE How many different fruits are there in this song? Can you remember the days of the week as you join in with this song?</p> <p>Create your own piece of music using food rhythms</p> <ol style="list-style-type: none"> 1. Find yourself an instrument or something that you can tap, bang or scrape. You could maybe use body percussion (tapping, clapping, stamping) or vocal sounds. 2. Choose your food words from the chart or use some of your own and play the rhythms with your chosen sounds. 3. Put your rhythms in an order – ice cream ice cream/strawberry/Popcorn 4. Now think of another set of foods or maybe make a short sentence with foods. ‘Lollipop. Lick, lick. On a sunny day’ 5. Combine your rhythms to make your ‘Food’ piece of music. 6. Decide on the dynamics (loud/soft) and tempo (fast/slow) of your piece 7. How many times will you repeat each line? 8. Can you compose a tune to it? 9. Perform it to your family. <p>Pease Porridge Hot https://www.youtube.com/watch?v=HAaFkpbjslo Join in with this rhyme. Can you perform the ‘tap, tap, clap’ part?</p>	 <p>The chart titled 'FOOD RHYTHMS' displays 12 food items, each with a corresponding musical rhythm notation. The items are arranged in a 4x3 grid: ICE CREAM, HAMBURGER, HOT DOG, POPCORN; SODA POP, HOT FUDGE SUNDAE, CORN ON THE COB; WATERMELON, STRAWBERRY, STRAWBERRY ICE CREAM; PEPPERONI PIZZA, AVOCADO TOAST, and a collection of various foods.</p>

	<p>Why not draw a picture to go with this rhyme?</p> <p>One tomato, two tomatoes https://www.bbc.co.uk/teach/school-radio/songs-one-tomato-two-tomatoes/zv6by9q Enjoy making the scrunch, munch, pop, crunch and yum sounds in this song.</p>
Science	<p>Your challenge</p> <p>Which apples are nicer, red or green apples? Do you think you can tell them apart simply by their taste? Work together to see whether there is a difference between different types of apples and how sight, smell and taste might affect your results.</p> <p>Talk about</p> <ul style="list-style-type: none"> ❓ Do you ever help to buy apples? ❓ What different sorts of apple are there? ❓ What sort of apples do you choose? <p>Here's one way to find out</p> <ul style="list-style-type: none"> ❓ Take some red and green apples. ❓ Ask a grown-up to slice the apples into small pieces. ❓ Close your eyes and see if you can tell which pieces are from the red apple and which pieces are from the green apple just by tasting them. ❓ How will you make sure everything is fair? <p>Share your ideas</p> <ul style="list-style-type: none"> ❓ How do the apples taste different? ❓ Which is your favourite and why? <p>Your challenge</p> <p>When you eat fruit and vegetables, do you eat all of the plant or part of the plant? Which parts can we eat and which bits are best left alone? Take this veggie challenge with your friends to work out the edible parts of plants and decide what groups to sort plants into.</p> <p>Talk about</p> <ul style="list-style-type: none"> ❓ What parts of a plant are there? ❓ Do you eat plants? all the plant? or part of the plant? <p>Here's one way to find out</p> <ul style="list-style-type: none"> ❓ Gather different parts of plants that you can eat. ❓ Decide whether you have the whole plant or part of the plant. ❓ If you have part of the plant, can you work out which part it is? <p>Share your ideas</p> <ul style="list-style-type: none"> ❓ Can you sort the plant foods into different groups according to what part of them you eat? ❓ Are plants good for a healthy diet? Why? <p>Here are some extra things that you can do</p> <ul style="list-style-type: none"> ❓ Collect together photos of other plant foods and decide which plant and which part you eat. ❓ Identify the more common food plants which can be grown in this country. Where do other plants grow? ❓ Can you sort the plant foods in any other way? such as by size? colour? cost? ❓ Try a blind tasting.

Pop Art Ice Cream!

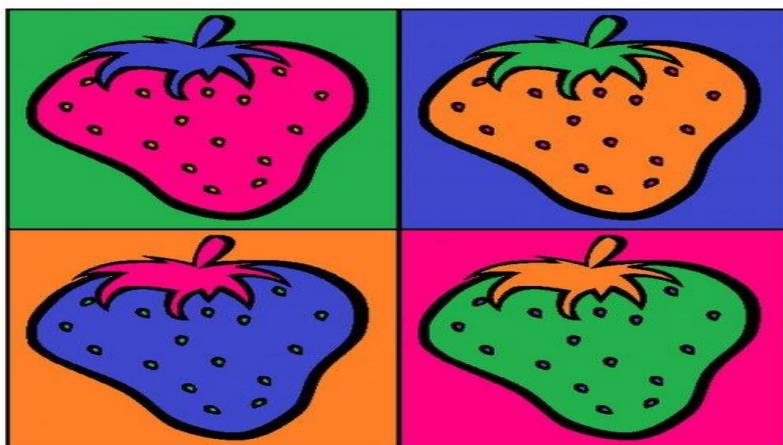
Wayne Thiebaud is an American painter known for his colourful works depicting commonplace objects and food, specialising in pies, *ice cream* cones, pastries, and cakes. What is your favourite flavour of ice cream? Have a go at painting or drawing an ice cream cone in the style of Wayne Thiebaud! Below is a link to help you get started!

<https://www.youtube.com/watch?v=CKob0Kzvkmc>



Andy Warhol's Comic Art Fruit

How about choosing your favourite fruit or vegetable and recreating it in bright bold colours using felt tips or colouring pencils in the style of Pop Art artist Andy Warhol?



Fun with Food!

Food is not just to fill our belly; we can create works of art too! Have a look at these pictures below for some inspiration. Create a portrait or landscape by using food as your materials! You could also

take a picture and use food to add food too to create detail and texture! Don't forget to ask an adult if you can use the food item first! Once you have created your masterpiece, take a photograph and send it into school! Then you can eat it!




Who needs paint?

When you can paint with ketchup, soy sauce or even peanut butter! Try painting a picture using sauces, jams or berries, thinking about the different colours you can find. If you have food colouring you could use that too!

<https://www.youtube.com/watch?v=JttnWHnmtm0>

<https://www.youtube.com/watch?v=FtRIR2gDVtI>



Physical Development	<ul style="list-style-type: none"> ✚ Daily physical exercise ✚ Dancing and movement ✚ Cutting with scissors, blunt knives ✚ Roleplay – dressing up and engaging in imaginative play ✚ Action songs
Fun things to do	<p>Design a plate of your favourite meal</p>  <p>©2010 Susan Vise</p>