



Year 1



Term 6 Week 5: 29th June – 3rd July

This week's topic: What's on the Menu?

Dear Parents & Carers,

We are sure that, like us, you are wondering where the Summer term has gone! We hope you are all well and staying safe. We have loved receiving your e-mails with messages and examples of your work – thank you! You can continue to send pictures of your work to us through the school email address: admin@dalmain.lewisham.sch.uk and make sure you include **FAO Miss Grant or Miss Rowse** in the subject.

This week, our theme is 'What's on the Menu?' We hope that you enjoy the activities we have planned as part of this topic. As well as providing plenty of opportunities to talk about foods your child enjoys eating, the activities will encourage discussions around healthy eating, measuring and, of course, some fun cooking!

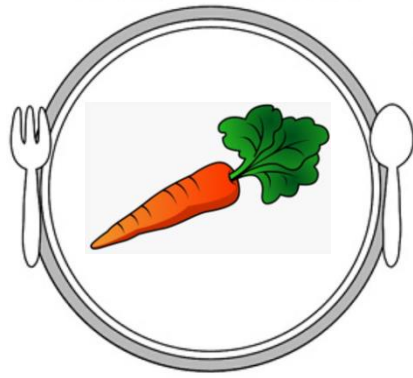
You will find daily activities with resources available, either as links on the plan, as well as on the school website. As in previous weeks, we have included links to Phonics website phonicsplay.co.uk – for some activities you may have to sign in, in which case use the free membership username '**march20**' and password '**home**'. Continue to log on to SumDog for Maths and Grammar activities each week.

Your pack includes:

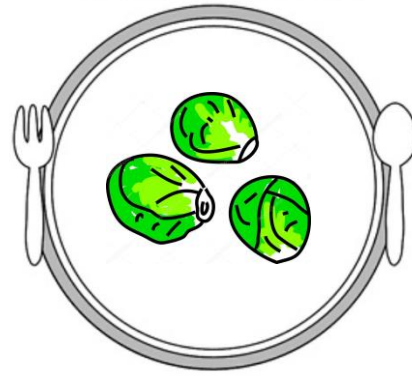
- Open ended project ideas and research topics
- Activities to explore independently or together
- Daily maths lessons
- Daily phonics lessons (10-15 minutes long)
- Games to play
- Ideas for science experiments
- Art and craft ideas
- Links to other learning resources



Day	Tasks	Completed ?
Monday	<p>Maths Week 9 Lesson 1 – Counting to 100. Watch the video on https://vimeo.com/430314213 Then please either print and complete the worksheet or write in your exercise book. https://resources.whiterosemaths.com/wp-content/uploads/2020/06/Lesson-1-Counting-to-100.pdf</p> <p>Phonics This week we would like you to investigate alternative spellings for different phonemes.</p> <p>Let's investigate the phoneme /ai/</p> <p>First, Read the text on https://www.phonicsplay.co.uk/resources/phase/5/alt-spellings-ai aloud. Ask your child to put their thumb up when they hear the phoneme /ai/.</p> <p>If you are able to print out the text, ask your child to underline all the words that contain the phoneme /ai/ and ask them to see how many ways of spelling the phoneme there are. If you are unable to print out the text, you could write down the words in your exercise book.</p> <p>Next, click on the 'Reveal Graphemes' button. The /ai/ phonemes will be revealed. How many did you get correct?</p> <p>Suggested words for writing or reading: rain, grey, lazy, mate Suggested sentence for writing or reading: Snakes and ladders is a good game to play.</p> <p>Join Charlie and Lola in this fun story about encouraging children to try new foods!</p> <div data-bbox="609 1158 1026 1610" data-label="Image"> </div> <p>https://www.youtube.com/watch?v=taDxIhL3mU</p> <p>Food Discussion Discuss your child's favourite foods. What is it about this food that they like? Why do you think Lola doesn't like tomatoes? Are there any foods you don't like? Why not?</p> <p>Draw a picture of a food you like and then another picture of a food you don't like and write a sentence underneath:</p>	



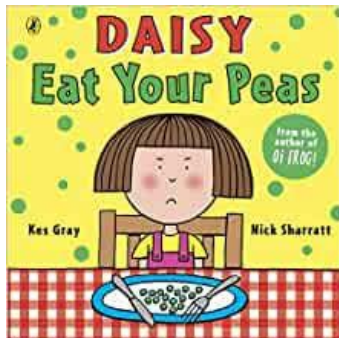
I like carrots because they taste yummy!



I don't like Brussel Sprouts because they smell funny.

Story time - Daisy Eat Your Peas

<https://youtu.be/Rab3lw0qT1U>



Tuesday

Maths

Week 9 Lesson 2 – Partitioning numbers

Watch the video on <https://vimeo.com/430317914> and then please either print and complete the worksheet or write in your exercise book.

<https://resources.whiterosemaths.com/wp-content/uploads/2020/06/Lesson-2-Partitioning-numbers.pdf>

Phonics

Let's continue investigating the phoneme /ai/ today!

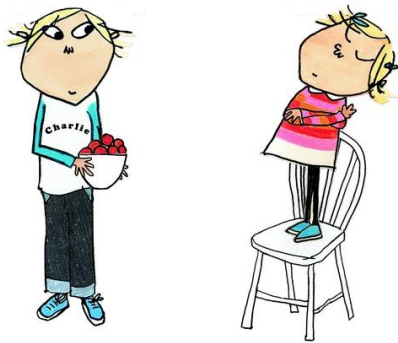
Have a go at playing Word Sort.

<https://www.phonicsplay.co.uk/resources/phase/5/alt-spellings-ai> Click the red button to reveal a word card. Sound talk the word and decide which column this words belongs in. Continue with the rest of the words. Can you identify the best bet (which is the most commonly used grapheme for the /ai/ phoneme?) Can you find any other rules (graphemes that only occur at the start/end of words or before certain letters?)

Suggested words for writing or reading: **snail, age, great, eight,**

Suggested sentence for writing or reading: **How much do you think a whale's brain would weigh?**

Charlie and Lola – I will not ever never eat a tomato!



Read the story again. This time focus on Charlie...what advice would you give to him so that he can persuade Lola to eat tomatoes? How does he eventually manage to persuade her? Let's have a go at doing the same!

Charlie describes the foods in a new, exciting way. Instead of mashed potato, he says it is *cloud fluff from the pointiest peak of Mount Fuji*...instead of fish fingers, he says they're *ocean nibbles from the*

supermarket under the sea.

Choose some foods that you or your friends/family don't like...how can we describe them in a different way to make them more appealing?

For example, "This isn't a carrot...it's a rocket ship from Mars!" or "This isn't rice, it's droplets of snow."

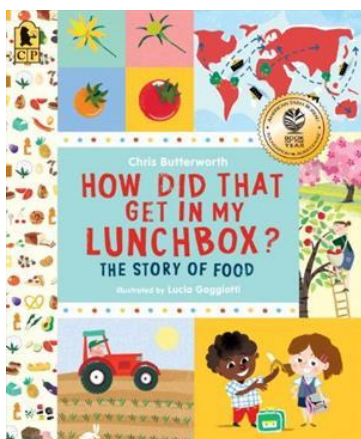
Miss Rowse will not ever never eat satsumas! Can you persuade her to eat some?

Miss Grant will not ever never eat mushrooms! Can you encourage her to try some?



Story time - How did that food get in my lunchbox?

<https://www.youtube.com/watch?v=lfXWw7gvdu8>



Wednesday

Remember that it is Wellbeing Wednesday – check the school’s website for this week’s updates! Look under News & Dates / Coronavirus Updates and you will find loads of resources and activities.

Maths

Week 9 Lesson 3 – Comparing numbers. Watch the video on <https://vimeo.com/430320026> and then please either print and complete the worksheet or write in your exercise book. <https://resources.whiterosemaths.com/wp-content/uploads/2020/06/Lesson-3-Comparing-numbers-1.pdf>

Phonics

Let’s investigate the phoneme /ee/.

Read the text on <https://www.phonicsplay.co.uk/resources/phase/5/alt-spellings-ee> aloud. Ask your child to put their thumb up when they hear the phoneme /ee/.

If you are able to print out the text, ask your child to underline all the words that contain the phoneme /ee/ and ask them to see how many ways of spelling the phoneme there are. If you are unable to print out the text, you could write down the words in your exercise book.

Next, click on the ‘Reveal Graphemes’ button. The /ee/ phonemes will be revealed. How many did you get correct?

Suggested words for writing or reading: **lovely, cheap, real, asleep**

Suggested sentence for writing or reading: **He had a dream about magic beans that made him scream.**

Cooking time!

Have a look at this recipe: <https://www.bbcgoodfood.com/recipes/pressed-picnic-sandwich>

Recipes include a list of ingredients and the quantity that we need for each one, as well as instructions we need to follow to make the dish. What is your favourite recipe? Have a go at following it and making that dish. Don’t forget to send us photographs of your cooking!

If you don’t have a favourite recipe, don’t worry...we’ve shared some you might like to try out.

Italian vegetable bake - <https://www.bbcgoodfood.com/recipes/italian-vegetable-bake>

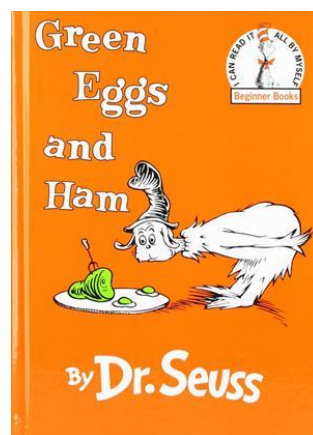
Veggie Bolognese - <https://www.bbcgoodfood.com/recipes/veggie-bolognese>

Frozen banana lollies - <https://www.bbcgoodfood.com/recipes/frozen-banana-lollies>



Storytime – Green Eggs and Ham

https://www.youtube.com/watch?v=JgmnvguD_-k



Thursday

Maths

Week 9 Lesson 4 – Comparing numbers (2)

Watch the video on <https://vimeo.com/430313386> and then please either print and complete the worksheet or write in your exercise book.

<https://resources.whiterosemaths.com/wp-content/uploads/2020/06/Lesson-4-Comparing-numbers-2.pdf>

Phonics

Let's continue investigating the phoneme /ee/ today!

Have a go at playing Word Sort. <https://www.phonicsplay.co.uk/resources/phase/5/alt-spellings-ee>

Click the red button to reveal a word card. Sound talk the word and decide which column the word belongs in. Continue with the rest of the words. Can you identify the best bet (which is the most commonly used grapheme for the /ee/ phoneme? Can you find any other rules (graphemes that only occur at the start/end of words or before certain letters?)

Suggested words for writing or reading: **sleepy, puppy, meat, donkey**

Suggested sentence for writing or reading: **Maybe the thief is jolly or maybe he is mean.**

Design and create your own menu



Create a menu and list the price for each item. Role play being a waiter/waitress and ask your friends/members of your family what they would like to order. Can you add up the totals and give them a bill?

Here is an example for the types of items to put on your menu and their prices:

Mains	Desserts	Drinks
Cheese sandwich – £2.00	Fruit salad - £2.00	Water – free
Falafel wrap - £3.00	Ice cream - £2.00	Orange juice - £1.00
Chicken wrap - £3.00	Chocolate cake - £2.00	Apple juice - £1.00
Chips - £1.00		Tropical juice - £2.00

What will your family order?

Miss Rowse would like to order a falafel wrap, a tropical juice and an ice cream.



How much will that cost?

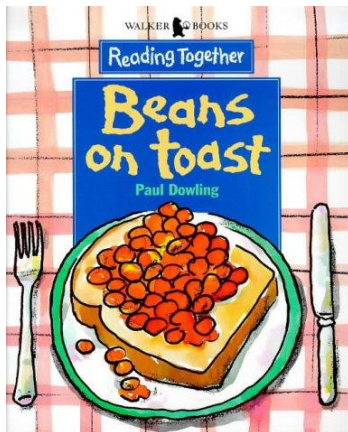
Miss Grant would like to order a chicken wrap with chips, some water and a fruit salad.



How much will that cost?

How much will Miss Rowse's and Miss Grant's lunch cost altogether?

Storytime – Beans on Toast



<https://www.youtube.com/watch?v=99FEA6ecmCU>

Enjoy reading this simple but fun story about how your food gets from the growers to your plate and who is involved in the process!

Friday

Maths Investigation – Number Balance

Have a go at solving this problem which will encourage you to use your knowledge of number bonds in an unusual context. <https://nrich.maths.org/4725>

To help your child get started with solving this problem, discuss these questions together:
If a weight on the 10 hook balances with a weight on the 2 hook together with a weight on the 8 hook, can you see how the balance works?
How can you tell from the pictures which side is lighter?

Phonics

Have a go at reading these key words with a grown up: **Mr, looked, made, your, saw**

Then, practise writing the Key Words and using them in a sentence. Say each sentence aloud first, then write it down in your exercise book.

Food History

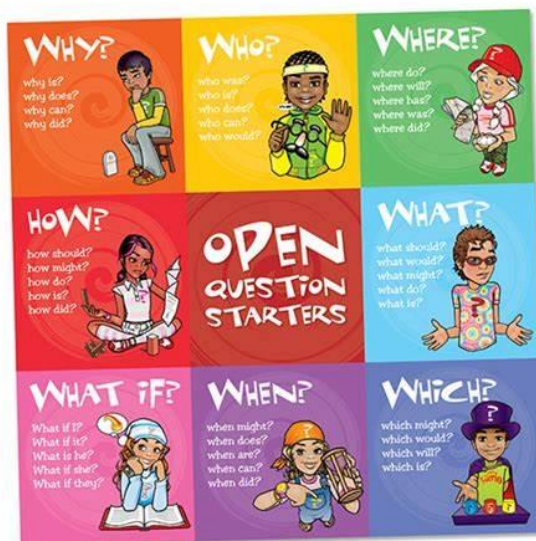
Food is vessel for passing down traditions within a culture and between different cultures. Food can teach us so many things about the past.

Today you are going to be a food historian. You will interview a family member about their favourite meal or a family recipe that was passed down to them.

For an interview you need questions!


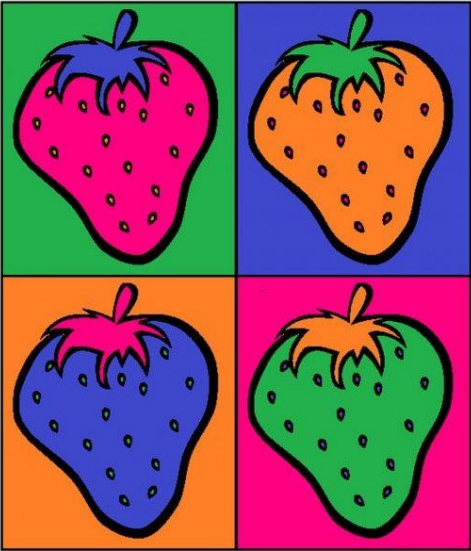



Practise how to use questions

<https://www.bbc.co.uk/bitesize/topics/z8x6cj6/articles/zcm3qhv>



Write down 3 questions you will ask someone in your family or a friend about their favourite meal. Listen to their answer for each question carefully and write it down.

Additional Activities

Science	See attached Science pack for activities
Art / DT	<p>Pop Art Ice Cream! Wayne Thiebaud is an American painter known for his colourful works depicting commonplace objects and food, specialising in pies, <i>ice cream</i> cones, pastries, and cakes. What is your favourite flavour of ice cream? Have a go at painting or drawing an ice cream cone in the style of Wayne Thiebaud! Below is a link to help you get started! https://www.youtube.com/watch?v=CKob0Kzvkmc</p>  <p>Andy Warhol's Comic Art Fruit How about choosing your favourite fruit or vegetable and recreating it in bright bold colours using felt tips or colouring pencils in the style of Pop Art artist Andy Warhol?</p>  <p>Fun with Food! Food is not just to fill our belly; we can create works of art too! Have a look at these pictures below for some inspiration. Create a portrait or landscape by using food as your materials! You could also take a picture and use food to add food too to create detail and texture! Don't forget to ask an adult if you can use the food item first! Once you have created your masterpiece, take a photograph and send it into school! Then you can eat it!</p>   <p>Who needs paint... When you can paint with ketchup, soy sauce or even peanut butter! Try painting a picture using sauces, jams or berries, thinking about the different colours you can find. If you have food colouring you could use that too!</p> <p>https://www.youtube.com/watch?v=JttnWHnmtm0</p> <p>https://www.youtube.com/watch?v=FtRIR2gDVtI</p> <p>Eat your Art! How about turning your favourite snack into your own work of art? Here are some recipe</p> 

ideas to create food art you can eat afterwards! Don't forget to take a picture before it is all gone!



<https://www.youtube.com/watch?v=ly7ihHHubIM>

We now have a Dalmain Twitter Art page [@dalmain_art](#) for you to share your work with the rest of the school community! We would love to see what you have created to celebrate the gifted artists we have in the school. We will also be sharing ideas and inspirational arts and crafts so don't forget to take a look.

Music

Vocal Warm-up <https://www.bbc.co.uk/teach/school-radio/music-jack-and-the-beanstalk-vocal-warm-up/zrkd47h>

Get your voice ready for singing with this vocal warm-up. Sing it a few times. Teach it to your family or to your toys.

'Popcorn' - beat and body percussion <https://www.youtube.com/watch?v=kNjcdfZu3c0>

Warm your bodies up by copying the body actions and doing them in time to the steady beat. 'Snap' means to click your fingers.

'Shake the Papaya down' <https://www.youtube.com/watch?v=FGIGOKJx7f4>

Sing and dance to this wonderful song. Can you join in with the drum rhythms?

Growth and Energy – Amazing food

<https://www.bbc.co.uk/teach/school-radio/music-ks1-music-food-fest-4-growth-energy/zmhrgrwx>

This song is about how food is important for growth and energy. See if you can tap a steady beat to the song. Can you hear the low and high parts of the song?

'The song tree grows apples' <https://www.bbc.co.uk/teach/school-radio/music-ks1-music-food-fest-3-song-tree-grows-apples/znfk92p>

Can you sing smoothly and gently to this song? Some of the fruit is magic!

Create your own piece of music using food rhythms

1. Find yourself an instrument or something that you can tap, bang or scrape. You could maybe use body percussion (tapping, clapping, stamping) or vocal sounds.
2. Choose your food words from the chart or use some of your own and play the rhythms with your chosen sounds.
3. Put your rhythms in an order – ice cream ice cream/strawberry/Popcorn
4. Now think of another set of foods or maybe make a short sentence with foods.
'Lollipop. Lick, lick. On a sunny day'
5. Combine your rhythms to make your 'Food' piece of music.
6. Decide on the dynamics (loud/soft) and tempo (fast/slow) of your piece
7. How many times will you repeat each line?
8. Can you compose a tune to it?
9. Perform it to your family.

And finally, some fun food clips:

Popcorn – Muppets

<https://www.youtube.com/watch?v=B7UmUX68KtE>

Muppets Singing Food

https://www.youtube.com/watch?v=OuB4Jfw5n_8



<p>P.E.</p>	<p><u>Dance</u></p> <p>Trinity Laban dance teacher Wendy Steatham leads a fun movement session that considers some of the actions used in making a healthy vegetable soup - slicing, shaking and stirring! Explore different ways of dancing these movements and create your own short movement routine.</p> <p>All you have to do is click on the link and use the password provided by the school (sent via ParentMail) to access the video. Have fun!</p> <p>What's on the Menu? Vegetable Soup! https://vimeo.com/428077795</p>
<p>Extra fun</p>	<p><u>Fruit and Veggie Building!</u></p> <p>What better way to get the kids excited about healthy snacking than with a fun fruit and veggie building activity?</p> <p><u>What you need:</u></p> <ol style="list-style-type: none"> 1. Your favourite fruits and veggie cut into small pieces 2. Toothpicks <div data-bbox="284 844 627 1355" data-label="Image"> </div> <div data-bbox="1155 488 1469 840" data-label="Image"> </div> <p>You can make: 2D shapes out of fruits, a bug, or a bug palace!</p> <div data-bbox="287 1469 549 1856" data-label="Image"> </div> <div data-bbox="600 1469 957 1709" data-label="Image"> </div> <div data-bbox="1010 1469 1208 1767" data-label="Image"> </div>

Learn about the 5 food groups – The Eat well guide has more information:
<https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>

Explore the interactive Eatwell Guide

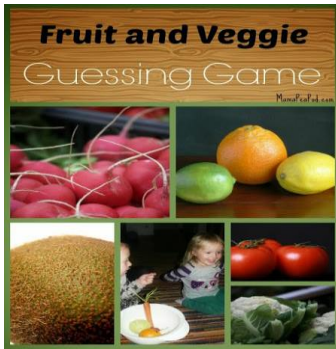


To play the activity: Sort the food according to its type onto a paper plate. Once sorted you could talk about what other things your family eats, and what part of the plate they might go on.

Make a healthy fruit snack using cookie cutters and toothpicks.



Fruit and Vegetable Guessing Game



Play this simple Fruit and Vegetable Guessing Game to help young children learn to use their senses and logical reasoning to deduce what's hidden behind their backs, while developing their vocabulary at the same time.

How to play this game:

Get a large bowl of various fruits and vegetables. The children examine each piece and talk about the textures, using words like '*smooth*', '*rough*', '*hairy*', '*fuzzy*', '*bumpy*', '*papery*', '*jagged*'. They then turn their backs and place their hands behind their back. Put one piece of fruit or vegetable into their hands. Ask them to describe how it feels and guess what fruit they are holding.

Time to get creative! Have a look at these pictures – which one would you like to have a go at making?

Mr. Edible Caterpillar!



Under the Sea Snack



Silly Eggs!



Adorable Fox



Fresh Fruity Flowers



Veggie train

