



# Reception



**Term 6 Week 5: 29<sup>th</sup> June – 3rd July**

## **This week's topic: What's on the Menu?**

### **Dear Parents & Carers**

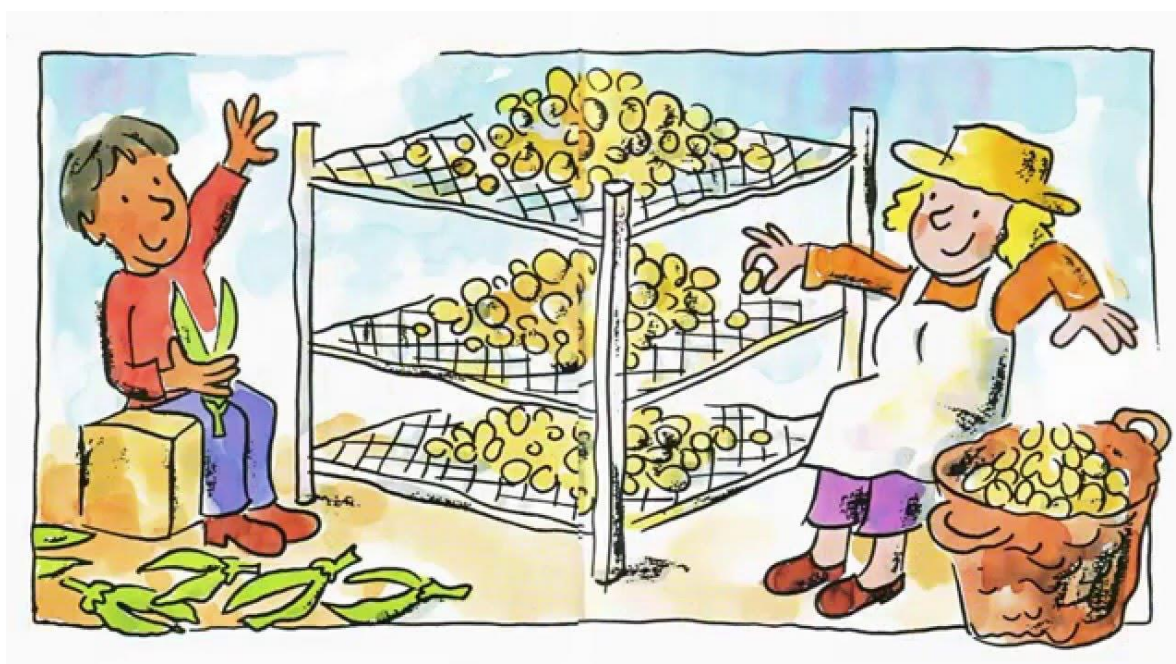
We trust that you are all well and keeping safe. We are really pleased to have the children back, even in a reduced capacity, and we hope they have enjoyed being back in school and seeing their friends.

Did you enjoy learning about Inventors and Inventions? We wonder what amazing ideas you all came up with! This week's theme is What's on the Menu? For this topic, we would like to encourage lots of talk and discussion about what foods are healthy for us and why. And also, to try some new foods! We will then look at food chains and learn a bit more about why they are important. In addition to our main theme, we would like to continue our focus on encouraging the children to learn and talk about Black history. This week we will be looking at the life of Martin Luther King.

We have tried to give you as much choice as possible, so do not feel that you have to complete every single activity. We are really grateful for your support and we hope you enjoy having a go at these activities.

In your pack each week we will try to include:

- Open ended project ideas and research topics
- Activities to explore independently or together
- Daily Maths lessons
- Games to play
- Ideas for science experiments
- Art and craft ideas
- Links to other learning resources
- A use for toilet roll tubes...



Day	Tasks	Completed ?
PSED	<p><b>#blacklivesmatter</b></p> <p>We hope you found it interesting learning about the Windrush Generation last week. This week we thought we would look at another inspirational historical person, <b>Martin Luther King</b>.</p> <div data-bbox="279 392 1321 790" data-label="Image"> </div> <p><a href="https://www.bbc.co.uk/bitesize/topics/zjkj382/articles/zknmrj6">https://www.bbc.co.uk/bitesize/topics/zjkj382/articles/zknmrj6</a></p> <div data-bbox="279 855 683 1348" data-label="Image"> </div> <p>Dr. Martin Luther King didn't believe in using violence to change things. Instead, he gave powerful speeches and led peaceful protests. He became the leader of the Civil Rights movement in America.</p> <p><a href="https://www.youtube.com/watch?v=c1rQrAKSwJk">https://www.youtube.com/watch?v=c1rQrAKSwJk</a></p> <p>What do you think about his story? Do you think he was treated fairly? What would you say if you could make an inspirational speech about fairness?</p> <p><a href="https://www.bbc.co.uk/cbbc/watch/horrible-histories-songs-martin-luther-king-jr-they-were-the-heroes">https://www.bbc.co.uk/cbbc/watch/horrible-histories-songs-martin-luther-king-jr-they-were-the-heroes</a></p> <div data-bbox="279 1541 968 1930" data-label="Image"> </div> <p>Perhaps you could draw a portrait of Martin Luther King and write some interesting facts about his life.</p>	

Monday

### Phonics

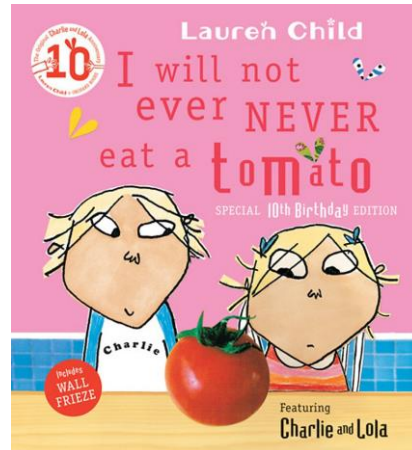
Practise revising saying and recognising the **ure** sound in words. The **ure** sound is pronounced **your** like in **p ure pure**. It is a trigraph, which is a sound spelt with 3 letters.

ure

Can you write words in a list that contain this sound? Here are some examples: **cure**, **pure**, **sure**, **secure**, **assure** and **ensure**.

### Storytime

Join **Charlie and Lola** in this fun story about encouraging children to try new foods!

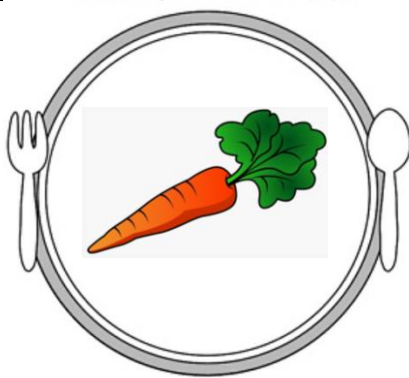


<https://www.youtube.com/watch?v=taDxllhL3mU>

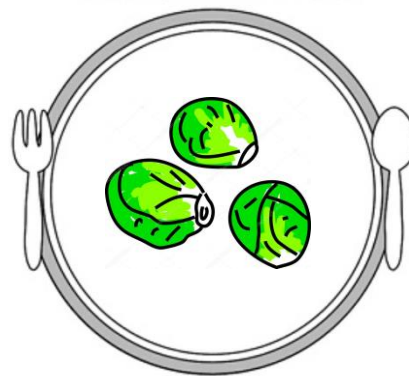
### Food Discussion

Discuss your child's favourite foods. What is it about this food that they like? Why do you think Lola doesn't like tomatoes? Are there any foods you don't like? Why not?

Draw a picture of a food you like and then another picture of a food you don't like and write a sentence underneath:



I like carrots because they taste yummy!



I don't like Brussel Sprouts because they smell funny.

### Maths

Complete this week's White Rose Maths Activities based around Zog

Week 9 Day 1 - <https://whiterosemaths.com/homelearning/early-years/>

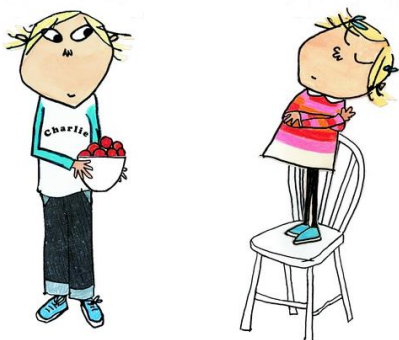
## Tuesday

### Phonics

Revise the **ure** sound from yesterday. Get your grown up to help you. They could say a word from your list and you could tell them what sounds are in that word. For example: If I say the word 'secure' you could tell them the sounds in yoghurt are **s**, **e**, **c**, and **ure**. Have a go at playing this game with two or three other words containing this sound.

Finish the lesson by writing some of these words down or putting them in to a sentence.

### Storytime



Read the story again. This time focus on Charlie...what advice would you give to him so that he can persuade Lola to eat tomatoes? How does he eventually manage to persuade her? Let's have a go at doing the same!

Charlie describes the foods in a new, exciting way. Instead of mashed potato, he says it is *cloud fluff from the pointiest peak of Mount Fuji*...instead of fish fingers, he says they're *ocean nibbles from the supermarket under the sea*.

Choose some foods that you or your friends/family don't like...how can we describe them in a different way to make them more appealing? For example, "This isn't a carrot...it's a rocket ship from Mars!" or "This isn't rice, it's droplets of snow."

Ms Sewani will never not ever eat raisins! Can you persuade her to eat some?

Mr Rodrigues will never not ever eat coconut! Can you encourage him to try some?



### Maths

Complete this week's White Rose Maths Activities

Week 9 Day 2 - <https://whiterosemaths.com/homelearning/early-years/>



Wednesday

**Remember that it is Wellbeing Wednesday – check the school’s website for this week’s updates! Look under News & Dates / Coronavirus Updates and you will find loads of resources and activities.**

### Phonics

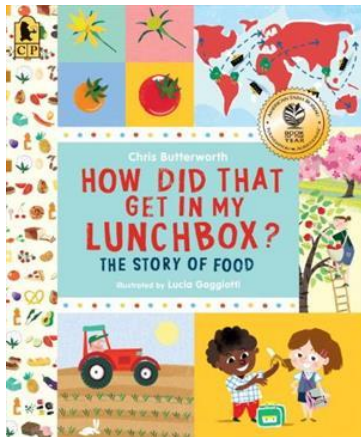
Watch Mr Thorne on YouTube. He can help with revising the sounds and coming up with some new examples of words. You could write down a few new words and add them to your list.

ure

<https://www.youtube.com/watch?v=IK8m-5JQmso>

### Watch Geraldine!

<https://www.youtube.com/watch?v=YwCzf71fIBA>



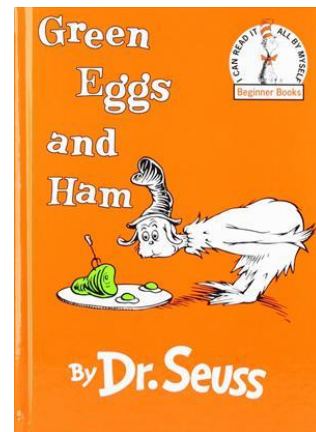
**How did that get in my lunchbox?** Watch this video to learn more about how food gets to our plates or lunchboxes!

<https://www.youtube.com/watch?v=IfXWw7gvdu8>

Help plan a meal for lunch with your family / look at what’s in your lunch box. Can you trace back how the food got in your lunchbox?

### Storytime – Green Eggs and Ham

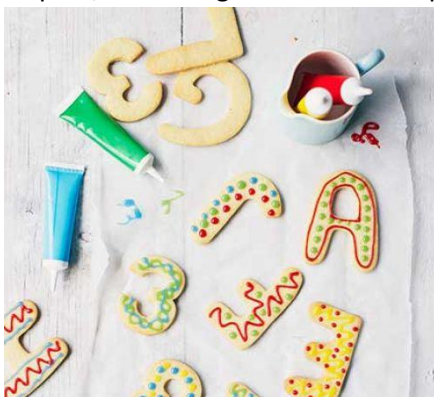
[https://www.youtube.com/watch?v=JgmnvguD\\_-k](https://www.youtube.com/watch?v=JgmnvguD_-k)



### Family Meal

Plan a meal with your family. Decide what ingredients you will need and also the quantities you will require.

Prepare/cook it together. Send us a photo of your meal you prepared!



### Baking Fun!

Now time to get baking!

For this activity you will need your grown-ups’ help (just a little bit!). It’s time to make iced biscuits!

Details can be found on:

<https://www.bbcgoodfood.com/recipes/simple-iced-biscuits>

### Maths

Complete this week’s White Rose Maths Activities

Week 9 Day 3 - <https://whiterosemaths.com/homelearning/early-years/>

Thursday

## Phonics

Refer to your list of words containing the trigraph **ure**.

Can you write a simple sentence containing some of these words? For example:

I can need a **cure**.

The gate is **secure**.

Are you **sure**?

## Design and create your own menu



Create a menu and list the price for each item. Role play being a waiter/waitress and ask your friends/members of your family what they would like to order. Can you add up the totals and give them a bill?

Here is an example for the types of items to put on your menu and their prices:

Mains	Desserts	Drinks
Cheese sandwich – £2.00	Fruit salad - £2.00	Water – free
Falafel wrap - £3.00	Ice cream - £2.00	Orange juice - £1.00
Chicken wrap - £3.00	Chocolate cake - £2.00	Apple juice - £1.00
Chips - £1.00		Tropical juice - £2.00

### What will your family order?

Ms Sewani would like to order a falafel wrap, a tropical juice and an ice cream.



How much will that cost?

Mr Rodrigues would like to order a chicken wrap with chips, some water and a fruit salad.



How much will that cost?

How much will Ms Sewani's and Mr Rodrigues lunch cost altogether?

### Maths

Complete this week's White Rose Maths Activities

Week 9 Day 4 - <https://whiterosemaths.com/homelearning/early-years/>

### Friday

### Phonics

Practise revising a few key words, for example:

I	a	the	was	is	my	all	this
---	---	-----	-----	----	----	-----	------

Can you read these words?

Practise writing them down.

Your grown up could read them out one at a time and you could circle them on your paper to show you can recognise/find each one!

Finish your phonics lesson by writing a sentence containing one or two of these key words, for example:

I ate **all my** lunch.

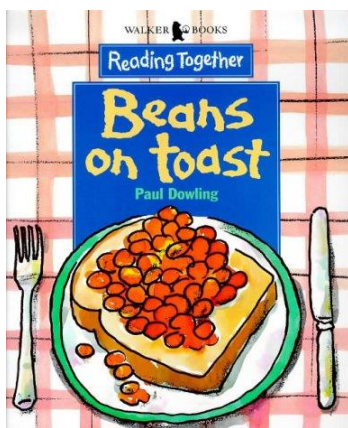
**The** cat **was** black.

**This** is **my** hat.

### Extra Phonics fun:

Play Key word Bingo with a few friends or family members. Write down the 8 key words on 8 pieces of paper and place in a jar. Each player must choose 4 of the 8 words to write on their paper. Then play Bingo by drawing the words out of the jar and reading them out loud. Check if you have the word on your list of 4 and cross it out if you do. The first person to cross out all 4 words gets to shout BINGO!

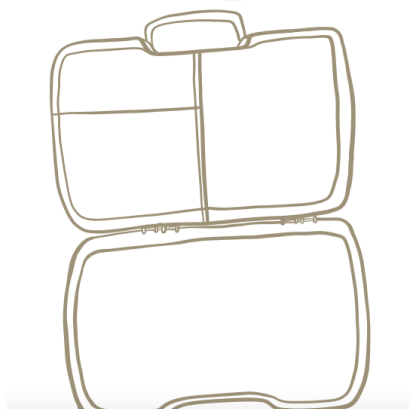
<https://www.phonicsplay.co.uk/resources>



### Storytime – Beans on Toast

<https://www.youtube.com/watch?v=99FEA6ecmCU>

Enjoy reading this simple but fun story about how your food gets from the growers to your plate and who is involved in the process!



<https://www.littlegreenthumbs.org/2018/04/30/how-did-that-get-in-my-lunchbox/>

### Maths

Complete this week's White Rose Maths Activities Day 5

<https://whiterosemaths.com/homelearning/early-years/>

### Music

**Vocal Warm-up** <https://www.bbc.co.uk/teach/school-radio/music-jack-and-the-beanstalk-vocal-warm-up/zrkd47h>

Get your voice ready for singing with this vocal warm-up. Sing it a few times. Teach it to your family or to your toys.

**'Popcorn' - beat and body percussion**

<https://www.youtube.com/watch?v=kNjcdfZu3c0>

Warm your bodies up by copying the body actions and doing them in time to the steady beat.

'Snap' means to click your fingers

**'Shake the Papaya down'** <https://www.youtube.com/watch?v=FGIGOKJx7f4>

Sing and dance to this wonderful song. Can you join in with the drum rhythms?

**'Vegetable Song'** <https://www.youtube.com/watch?v=RE5tvaveVak>

Which of these vegetables is your favourite? Can you clap the names of the vegetables as you join in with the song?

**'Fruit song'** <https://www.youtube.com/watch?v=mfReSbQ7jzE>

How many different fruits are there in this song? Can you remember the days of the week as you join in with this song?

### Create your own piece of music using food rhythms

1. Find yourself an instrument or something that you can tap, bang or scrape. You could maybe use body percussion (tapping, clapping, stamping) or vocal sounds.
2. Choose your food words from the chart or use some of your own and play the rhythms with your chosen sounds.
3. Put your rhythms in an order – ice cream ice cream/strawberry/Popcorn
4. Now think of another set of foods or maybe make a short sentence with foods.



- 'Lollipop. Lick, lick. On a sunny day'
- Combine your rhythms to make your 'Food' piece of music.
  - Decide on the dynamics (loud/soft) and tempo (fast/slow) of your piece
  - How many times will you repeat each line?
  - Can you compose a tune to it?
  - Perform it to your family.



### **Pease Porridge Hot**

<https://www.youtube.com/watch?v=HAaFkpbjslo>

Join in with this rhyme. Can you perform the 'tap, tap, clap' part?

Why not draw a picture to go with this rhyme?

**One tomato, two tomatoes** <https://www.bbc.co.uk/teach/school-radio/songs-one-tomato-two-tomatoes/zv6by9q> Enjoy making the scrunch, munch, pop, crunch and yum sounds in this song.

### **And finally, some fun food clips:**

Popcorn – Muppets <https://www.youtube.com/watch?v=B7UmUX68KtE>

Muppets Singing Food [https://www.youtube.com/watch?v=OuB4Jfw5n\\_8](https://www.youtube.com/watch?v=OuB4Jfw5n_8)

## **Art & DT**

### **Food Chain Art**



We all need to eat to survive, can you make a food chain collage? Here are some fun examples.

### **Pop Art Ice Cream!**

Wayne Thiebaud is an American painter known for his colourful works depicting commonplace objects and food, specialising in pies, *ice cream* cones, pastries, and cakes. What is your favourite flavour of ice cream? Have a go at painting or drawing an ice cream cone in the style of Wayne Thiebaud! Below is a link to help you get started!

<https://www.youtube.com/watch?v=CKob0Kzvkmc>



### **Andy Warhol's Comic Art Fruit**

How about choosing your favourite fruit or vegetable and recreating it in bright bold colours using felt tips or colouring pencils in the style of Pop Art artist Andy Warhol?



### **Fun with Food!**

Food is not just to fill our belly; we can create works of art too! Have a look at these pictures below for some inspiration. Create a portrait or landscape by using food as your materials! You could also take a picture and use food to add food too to create detail and texture! Don't forget to ask an adult if you can use the food item first! Once you have created your masterpiece, take a photograph and send it into school! Then you can eat it!



### **Who needs paint?**

When you can paint with ketchup, soy sauce or even peanut butter! Try painting a picture using sauces, jams or berries, thinking about the different colours you can find. If you have food colouring you could use that too!

<https://www.youtube.com/watch?v=JtnWHnmtm0>

<https://www.youtube.com/watch?v=FtRIR2gDVtI>





### **Eat your Art!**

How about turning your favourite snack into your own work of art? Here are some recipe ideas to create food art you can eat afterwards! Don't forget to take a picture before it is all gone!

<https://www.youtube.com/watch?v=IY7ihHHubIM>



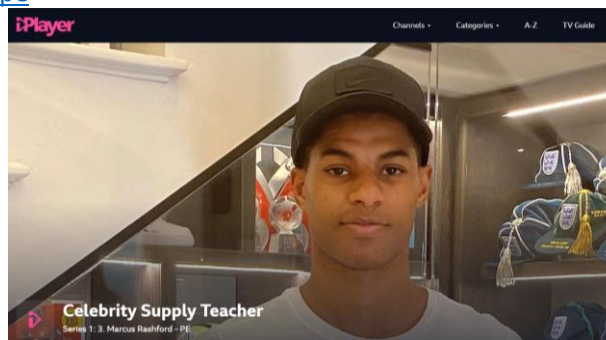
We now have a Dalmain Twitter Art page [@dalmain\\_art](https://twitter.com/dalmain_art) for you to share your work with the rest of the school community! We would love to see what you have created to celebrate the gifted artists we have in the school. We will also be sharing ideas and inspirational arts and crafts so don't forget to take a look.

### **PE & Dance**

#### **PE with Marcus Rashford**

Join England and Manchester United forward, Marcus Rashford for a PE lesson.

<https://www.bbc.co.uk/iplayer/episode/m000jycy/celebrity-supply-teacher-series-1-3-marcus-rashford-pe>



Marcus has been fighting for fairness for all too, by campaigning to ensure those that need free school meals can access food vouchers during the summer.

Listen to his story here:

<https://www.bbc.co.uk/newsround/53068466>

Watch Marcus in action as he shows off his pace and skills in these highlights of his amazing footballing ability.





© Getty Images

<https://www.youtube.com/watch?v=3z1EL4ryL44>



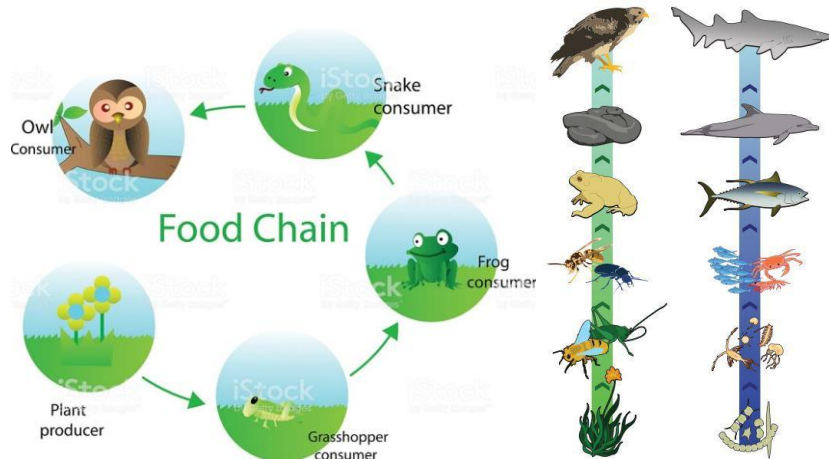
Tekkerz Kid meets Marcus Rashford! | Manchester United

Finally see Marcus being interviewed by Tekkerz Kid at Manchester United's football ground, known as Old Trafford.

<https://www.youtube.com/watch?v=XuShp8BY4Gs>

## Science

### Food Chains

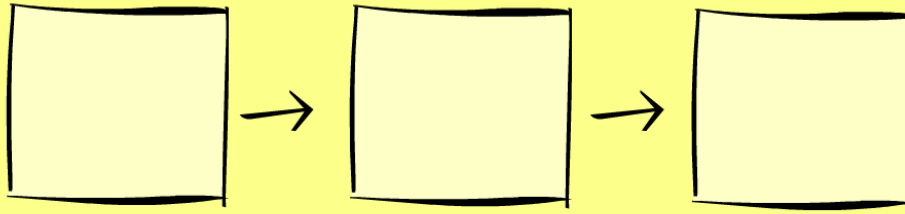


Why do we have food chains? What is a food chain? Play this simple game to find out more.

<https://www.sheppardsoftware.com/content/animals/kidscorner/games/foodchaingame.htm>



## 1: Simple Chain



**PARTS OF FOOD CHAIN:**  
bird  
flower  
caterpillar



Can you make a food chain? Collect a selection of small world animals and food items (or draw them), make some arrows and then put them in the order you think they go. Remember that the arrow should point from the food to the person who eats it, caterpillar → bird (the caterpillar is eaten by the bird.) Does the rabbit come before the carrot?



## Seeds



### Exploring Seeds in foods we eat



7				
6				
5				
4				
3				
2				
1				
	Pumpkin	Apple	Peach	Pepper

Have you eaten any foods today that required the removal of seeds before consuming? Were you able to eat some foods whole, seeds and all? In this activity we explore seeds in various ways, from comparing size and quantity of seeds in different foods, to identifying the colour and texture of the seeds.

**Other  
activities**

**Make your own Board Game**

You could try and make your own fun Charlie and Lola board game. Think of different ways to help Lola to eat tomatoes!

