

Dear Parent/Carer

We are delighted that year 6 are swimming next half-term at Forest Hill pools.

Lewisham have adopted an intensive model for swimming lessons, which means your child will be swimming every day for two weeks and the lessons will be for one hour.

**Al-Sufi Class Monday 12 June to Friday 23 June**

**Hawking Class Monday 26 June to Friday 7 July**

The repetition of skills over each day enables pupils to develop and master their Essential Swimming Skills to become safe in and around water, as well developing more effective swimming strokes

The children will be travelling by bus to the swimming pool with their class teacher and a HLTA.

Goggles are not needed for everyday swimming. It should be remembered that in the event on your child being involved in a hazardous water situation it is extremely unlikely that he/she would be wearing goggles. It is highly desirable therefore that your child learns to swim without being dependent on goggles.

If you wish your child to wear goggles in the school swimming lessons please email this request to [office@dalmain.lewisham.sch.uk](mailto:office@dalmain.lewisham.sch.uk).

If you have any questions do speak to the class teacher.

Thanks

Mrs Rose