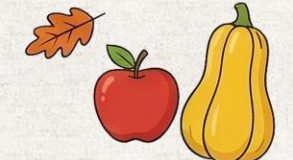


# AUTUMN LUNCH MENU



## Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

### MAIN 1

Creamy Chicken-Style Gnocchi

Mighty Mac & Cheese

Golden Veg Gratin

Baked Tomato & Mozzarella Orzo

Tastes-Like-Chicken Burger, Sweet Potato Wedges

### MAIN 2

Cheesy Tomato Pasta

Brown Stew Chicken

Zesty Salmon Balls, Cous Cous

Chicken Noodle Miso Soup

Spag Bol, Garlic Bread

### DESSERT

Pear Cake

Fruity Yogurt

Oatmeal Cookie

Banana Bread

Frogurt

### SUPER SALAD SIX

Butternut Squash Sauté, Cucumber, Peppers, Broccoli, Coleslaw, Runner Beans with Leaves

Tomato Salsa, Cucumber, Coleslaw, Spinach, Red Cabbage, Sweetcorn

Beetroot Salad, Cucumber, Peppers, Potato Salad, Broccoli, Kale Crisps

Tomato Salsa, Cucumber, Peppers, Sweetcorn, Edamame, Runner Beans with Leaves

Yellow Rice Salad, Cucumber, Radishes, Cherry Toms, Pak Choi, Kale Crisps

### INFO

Served Daily:

- **Freshly Baked Bread**
- **Milk** (dairy & non-dairy)
- **Water** (infused & plain)
- **Fresh Fruit**

Underlined dishes contain seasonal produce, at its best right now!

Most dishes can be made **Gluten Free** by prior arrangement. All meat is **Halal**.

Find Out More:



Key:-

Celery	Cereals/ Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Sesame	Soya	Sulphur Dioxide	Vegetarian	Vegan



Dalmain Primary School

